

ROCKIN' DULCIMERS

1:45-3:00

Instructor:

Sister Margaret Mary, SJW

HOKD Fall Workshop

Saturday, October 3rd

If you ever wanted to play in a rock band, the stage is yours!
Workshop participants will learn: 1) to play an acoustic dulcimer like an electric guitar, 2) to play a 12-bar blues progression (chord and melodic improvisation) in the key of E.

HOW TO ROCK USING AN ACOUSTIC MOUNTAIN DULCIMER...

Simple modifications can change the sound of an acoustic mountain dulcimer.

1. Korg Clip-On Contact Mic



2. Instrument Cable



3. Guitar Effects Pedal

(I like the DigiTech Element. It is simple to use and affordable.)

4. Small Amp

VERY IMPORTANT!
Contact mics are very sensitive. Turn down the master level of all effects pedals.



Basic Dulcimer Fretboard

IMPORTANT POINTS:

1. The white and grey fret areas show a relationship between the white and black keys of the piano.
2. Barre frets 1, 4 and 5 to play the chords for the 12-Bar Blues progression.
3. Simple barre chords can be achieved by pressing down on all the strings with the index finger.
4. For more elaborate finger work, barre with fingers: ring (melody), middle (middle) and index (bass).
The thumb will be free for adding extra notes.

Bass	D	E	F#	G	A	B	C	C#	D	E	F#	G	A	B	C
Middle	A	B	C#	D	E	F#	G	G#	A	B	C#	D	E	F#	G
Melody	D	E	F#	G	A	B	C	C#	D	E	F#	G	A	B	C
Frets	0	1	2	3	4	5	6	6+	7	8	9	10	11	12	13

Repeat Sign

Repeat Sign

Repeat Sign

Turn Around Chord

Skip turn around and play 1 last repeat.

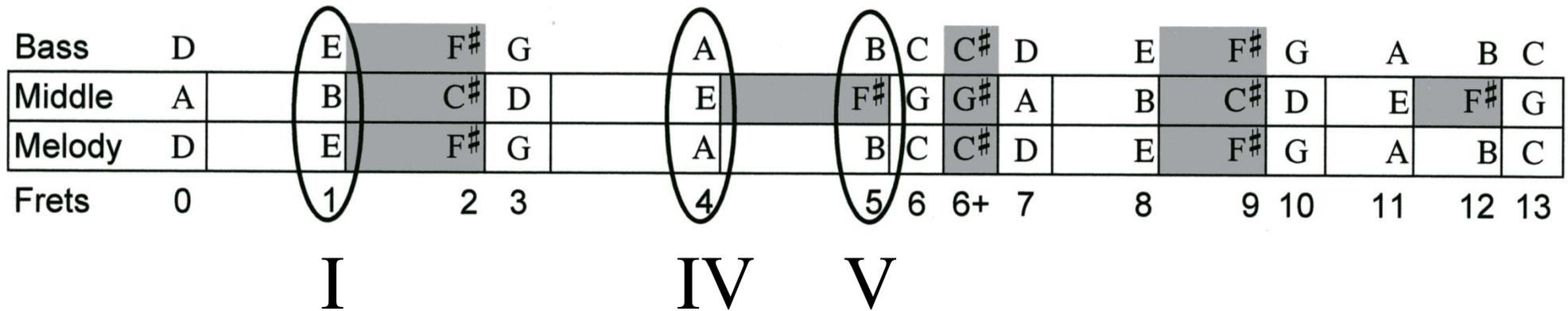
D 1 4 5

A 1 2 3 2 4 5 6 5 5 6+ 7 6+

D 1 4 5

3

Two other ways of showing a 12-Bar Blues progression:



Chord Symbols

E///	E///	E///	E///
A///	A///	E///	E///
B///	A///	E///	E///

Roman Numerals

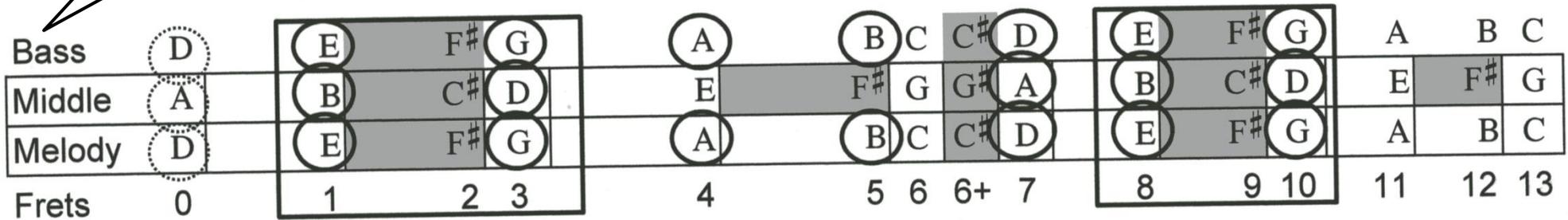
I///	I///	I///	I///
IV///	IV///	I///	I///
V///	IV///	I///	I///

Basic Dulcimer Fretboard

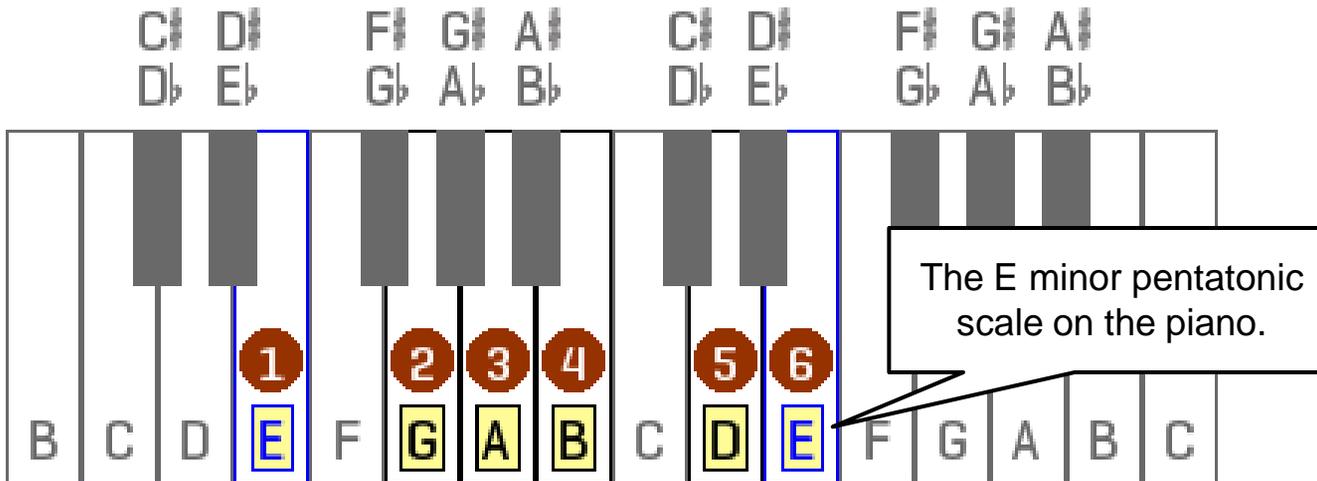
The E minor pentatonic scale on the bass and melody strings.

IMPORTANT POINTS:

1. The E minor pentatonic scale is used for solo improvisation.
2. The notes of the E minor pentatonic scale are: E G A B D.
3. Play the notes of the E minor pentatonic scale within the box.
4. The notes outside of the box can also be played.

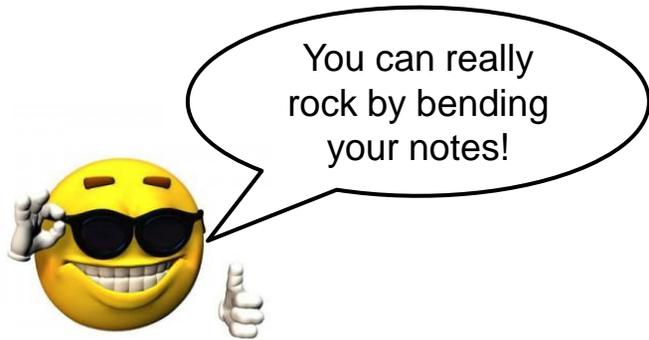


E minor pentatonic scale



The E minor pentatonic scale on the piano.

LET'S REALLY ROCK THE BLUES...



Bend the notes with ✓s



To bend a string, push and pull on it.

